



## **Glazed Roasted Carrots, Winter Squash, or Sweet Potatoes**

Vegetable of choice (Carrots, Winter Squash, Sweet Potatoes)

Terrapin Ridge Farms Pecan Honey Mustard

Olive Oil

Salt

Pepper

Preheat oven to 425 degrees. Wash and peel carrots. Place in a foil lined pan. Make a mixture of equal parts Terrapin Ridge Farms Pecan Honey Mustard and olive oil. Season with salt and pepper. Brush mixture on raw carrots. Seal in foil. Roast at 425 degrees for 30 minutes, or until they fork tender.